

# Are You a Visual-Spatial Learner?

about your learning style.

	Yes	No
1. Do you think mainly in pictures instead of in words?		
2. Do you know things without being able to explain how or why?		
3. Do you solve problems in unusual ways?		
4. Do you have a vivid imagination?		
5. Do you remember what you see and forget what you hear?		
6. Are you terrible at spelling?		
7. Can you visualize objects from different perspectives?		
8. Are you organizationally impaired?		
9. Do you often lose track of time?		
10. Would you rather read a map than follow verbal directions?		
11. Do you remember how to get to places you visited only once?		
12. Is your handwriting difficult for others to read?		
13. Can you feel what others are feeling?		
14. Are you musically, artistically, or mechanically inclined?		
15. Do you know more than others think you know?		
16. Do you hate speaking in front of a group?		
17. Did you feel smarter as you got older?		
18. Are you addicted to your computer?		

If you answered *yes* to 10 of the above questions, you are very likely to be a visual-spatial learner.

From Silverman, L.K. (2002). *Upside-Down Brilliance: The Visual-Spatial Learner*. Denver: DeLeon Publishing.  
**May be reproduced.**